

President's Column Cindy Ochoa president@savannahquiltguild.com

Ah, Fall!

I love everything about Fall, cool crisp mornings, long walks, and naps on the porch. I'm in the process of getting our all of my pumpkin quilts. That's another thing I like about Fall, pumpkins. We have a full month ahead of us, President's Challenge Reveal and Lanette's Tips and workshop. I'm looking forward to the fun. Our Vintage Housewife Block of the Month is fast coming to an end. We will be working on the Clothes Line for the next 2 months.

Cindy





Join us for our next meeting:
October 9, 2021

Southside Baptist Church

Community Outreach Center
5502 Skidaway Road
9:30 – 10:00 am - Sewcial Time
10:00 am – Meeting

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Remember to bring to our meeting:

- Wear your name tag
- * Wear your Mask
- * Your Show and Share

Needling News



▼ <u>Birthdays this month</u>: Laurel McKeith - 5th, Carol Larsson - 8th, Judith King - 9th, Beverly Williams - 10th, Elaine Byrnes - 10th, Karen Hayes - 15th, Judy Walker - 16th, Janet Howard - 18th, Patricia Ashton - 20th, Sandra Morgan - 21st, Donna Vandable - 27th, Debbie Whiteway - 30th.

Happy Birthday to you, dear ladies!

Programs and upcoming events
Kim Hayes, Vice President, programs@savannahquiltguild.com



Hi Everyone!

I hope you all enjoyed Julie Dobson's presentation last month. Thanks Julie, it was great! It was fun to do some fabric shopping afterwards too!

October's program will be Lanette Edens showing us lots of tricks and tips for making all our sewing projects more professional.

November's program will be Marilyn Smith presenting a trunk show of her many wonderful projects!

And I can't believe we're ready to talk about our December luncheon. So stay tuned for those details. And don't forget to bring your President's Challenge to this month's meeting to share.

Kim

PS: Your fabric stash is really your repository for textile accumulation and investment

After Meeting Workshops and Sew-Ons

Jan Smart, workshops@savannahquiltguild.com

Thank you, Julie Dobson, for instructing us in the Scrappy Pumpkin and Spider placemats! It was a lively group and a quick project that will be a wonderful part of our Halloween decor. And, big thanks to Julie for bringing extra everythings; it seemed that most of us forgot one thing or another. But Julie saved the day! We won't be able to show and tell our placemats at the October meeting, but bring them to the November meeting so we all can see!

October - Tips and Tricks in Quilting with Lanette Edens

Lanette will share her knowledge of quilt making as she guides the participants through all the stages of creating a finished quilt block...including the binding. The list of items needed for the workshop will be on our SQG website under Featured Events and Workshops. This workshop is full and has a waiting list. If you paid for the workshop but won't be able to attend, please post on the SQG website so that someone can buy your spot. This workshop fee is \$20.00, and there is a \$15.00 supply fee; non-refundable.

November- Jelly Roll Rug Placemats with Jan Smart

The workshop will start with lunch while I give some preparatory information. Then we'll take the joined fabric strips, add the batting strip and create the cord that is the foundation for the placemat or rug. Decide whether you want a round or oval shape and begin sewing. You'll leave with the center of either a placemat or rug...just continue sewing the fabric cord into place at home until it is the size you want. I'll also share some info from the internet on different styles based off the original jelly roll rug method. A sewing machine capable of zig-zag stitching is required. This workshop fee is \$20.00, non-refundable. No supply fee. Class is limited to 15 participants.

No workshop in December

Thank you to everyone who is agreeable to leading a workshop in the future. I now have about 10-12 possible projects for workshops in the coming year...and the variety is terrific!

Jan Smart

Additional note: Signing up for a workshop commits you to paying for your spot. The money goes to help fund the instructors, programs and expenses of our guild. It is not refundable, but it does go to a good cause. Payment must be made when signing up to reserve your spot. There is no sign-up charge for a Sew-on or a Charity Sew. Be aware that once you have signed up for a workshop, you will receive an email from me as a reminder. It will also detail all the items you need to bring to the workshop. When signing up, please include your email address to allow me to more easily contact you. Thank you.

Things to do this month...

- Come join the fun at the "Friday Sew Bee". Four hours of sewing fun with a lovely group of ladies that love to quilt. The Sew Bee meets from 10 am to 2 pm at Talahi Island Community Center. Email Renee to reserve your spot at rippinrenee@gmail.com.
- ▼ Zoom "bees" are continuing every Monday at 11 am. For more information please contact Mary Bass at 912-604-7781.
- At the October meeting, the Nominating Committee (Judy King, Laurel McKeith and Jan Howard) will be presenting names for our 2022 Executive Board Officers. Nominations from the floor will be taken as well. Voting will take place at the November meeting.
- ▼ Sewcial: Wednesday October 20th at 11:30, "Henry's Restaurant" in Pooler, 208 Grand Central Blvd #100, Pooler, GA 31322, 912-988-3365

 Be looking for Evite from Ruth Rodriguez.

Ladies attending "The Shrimp Factory" on

September 21th. Renee Christensen, Theresa Sapp, Ruth Rodriguez, Carol Lannom, Elaine Rhyne, Sara Josephson.



SQG Website News

Have you ever wondered about various aspects of the guild? For instance, what does the Sunshine Committee do? How much would I get paid for presenting a program or teaching a workshop? You can find answers to these questions and more by checking out the Policies and Procedures in the Guild Documents, Handouts and Links section of our website. Can't remember the name of someone you met at a meeting? Take a look at the Member's Photo Directory!

We hope you enjoy exploring your website!

Theresa Sapp, Webmaster in training with Renee Christensen www.savannahquiltguild.com

SQGnews@gmail.com

Upcoming Classes - Nationally known teachers classes@savannahquiltguild.com Sandra Ailio

President's Challenge "My Home Town" I can't wait to see your projects at the October reveal.





Do you think it will never happen to you, I did. I'm 64 years old and got a baseline mammogram at 35 and started getting annual mammograms at 40. For over 20 years I faithfully went through the process. A few years I would be called back for a spot check, but nothing came of it.

This year that all changed. In January I had my mammogram scheduled on the "Bus" so I didn't have to go the hospital during COVID. Two days later my doctor called and I had to have I spot rechecked. I was more worried

about COVID exposure than breast cancer. After the spot check, I was taken to another room for an ultrasound. One of my sisters had had an ultrasound of her breast before so I still wasn't worried. At that point a biopsy was scheduled. I researched and found that only 20% were positive. Ok, still not worried. The biopsy was performed under mammogram because the spot didn't show up under ultrasound. Not fun but was done in minutes.

Two days later I get the dreaded call. I have Invasive Lobular Carcinoma. I had an appointment with a breast surgeon the next day. The internet is wonderful to research most things but sometimes you just need to talk to someone. I reached out to quilt friend, Cindy Ochoa, who was treated for breast cancer a few years ago. She was wonderful. Gave me a lot of great information, informed me she had the same surgeon and liked him.

Well in March I underwent a lumpectomy and had a few lymph nodes removed, which had no signs of cancer. In April and May I underwent 22 radiation treatments. Except for taking an estrogen blocking drug for the next five years I'm backing living a normal life.

Just think how much worse my story could have been without annual mammograms! To-day breast cancer isn't a death sentence if don't put off screenings. Just look at me; minimal surgery, no chemotherapy and just 4 weeks of radiation. If it has been more than a year please get a mammogram scheduled soon.

Judy Lindsey

Charity: Nursing Covers & Pillowcases
Jan Howard, sunfish2@att.net



<u>Nursing Cover News</u>: I delivered 15 nursing covers and 5 caps to Memorial Hospital in September. Thanks to all those that made covers and donated fabric. They are very thankful for the covers we make for them. There is one request. They are not allowed to put caps on the tiniest preemies, so would like the caps to be made larger. Thanks again for your help!

Jan

Did you hear about our new Charity donation initiative?

Here is the scoop....

We will be keeping track of all pillowcases and/or nursing covers that you bring in starting in July and ending with our December meeting. A prize will be given to the person with the highest number of items donated. Let's all pitch in to show some love to the patients at The Memorial Children's Hospital and the

Charity - Brighten the world of a sick child

Paula LaCoe & Cindy Cybul, placoe@juno.com or ccybul1986@msn.com

We are collecting pillowcases for the Pediatric ICU at Memorial Medical Center. For information contact Paula LaCoe or Cindy Cybul.

Memorial NICU has let us know they are always in need of preemie hats/caps, especially colors for boys. Any knitters/crochet's might want to take note of this.

Nursing covers are always welcomed. We are the only group that supplies them to Memorial. Instructions are included in the kits, along with boning and D-rings.



Pieceful Hearts Quilters Guild

To all fellow quilters,

My name is Sylvia Mercado and I am a member of Pieceful Hearts Quilters Guild in North Augusta, South Carolina. We would like to notify you, and your guild members, that we will be having our quilt show this coming November 5th and 6th at Riverview Park Activities Center in North Augusta.

Our guild members have worked arduously all these months and cannot wait the moment to unveil all the beautiful creations. We respectfully request your

help by letting your members, and friends, know about our quilt show. We would all be honored to see you joining us for this occasion.

Please, do not hesitate to contact us in case questions about our event arise, we would gladly answer them. Thank you for your time and hopefully we will see you all soon!



Pieceful Hearts Quilters 'Quilting on the River"

November 5 and 6, 2021 Friday 9:00am - 5:00pm Saturday 9:00am - 4:00pm

tiverview Park Activities Center 100 Riverview Park Dr North Augusta, SC 29841

Quilting on the River

NACQJ Judged Quilt Show Over 200 quilts on display Vendors

Admission \$7.00 Children under 12 free with an adult.

Meeting Minutes

<u>Click here to view Minutes</u> for September meeting.

Treasurer's Report

Theresa Sapp, treasurer@savannahquiltguild.com

Full Treasurer's Report: Click here to view

Guild Operating Fund

Beginning Balance 5,167.76 **Dues** 140.00

September program 25.00

Ending Balance – September 21, 2021 5,282.76

Note: If you are making payments using Venmo, our name for Venmo payments is sqgpay@savannahquiltguild.com. The treasurer's name (Theresa Sapp) may show up during the transaction but rest assured that the money goes directly to the guild bank account.

Savannah Quilt Guild Annual Retreat 2022 Retreat

March 3 - 6

Our 2022 retreat will be at St. Christopher Retreat.

Registration is closed now due to the large number of people on waiting list.

Click here Registration Form

Officers and Committee Chairs - January through December 2021

President - Cindy Ochoa Sewcial - Ruth Rodriguez

Secretary - Joanne Simpson Newsletter - Carol Lannom

Treasurer - Theresa Sapp Website - Theresa Sapp

Membership - Laurel McKeith Friday Bee - Cindy Ochoa

Classes - Sandra Ailio Charity - Nursing Covers - Jan Howard

After Meeting Workshops - Jan Smart Charity - Pillowcases - Paula LaCoe &

Cindy Cybul

To contact Officers and Committee Chairs

Click here

Contact Us

The deadline for the Newsletter is the 21st of the month. Please email your info to: newsletter@savannahquiltguild.com